



## Making lip balm is fun & easy!

Please read ALL of this before starting.

**Safety:** Children under 14 need adult supervision. This kit is not recommended for children under 6. All components of the kit are for external use only and are not to be ingested.

Take care with the hot ingredients!  
Don't use if allergic to any of the ingredients.

**Cleaning:** Beeswax is solid when it sets – so don't wash it down the sink. WIPE OFF any residue on the pan with a paper towel then wash the pan. If it has already set on the pan, just re-heat it a little and then wipe off.

### Contents of this Box:



- Beeswax
- Cocoa Butter
- Wooden stirrer
- 4 lip balm pots
- 3 bio-degradable gift bags
- Ribbon
- 4 stickers

If you have a colour or shimmer kit you will have:  
**A sachet of mica powder**

OR if you have the chocolate kit you will have:  
**a sachet of real  
70% Belgian chocolate**



If anything is missing please get in touch at:  
**[www.thehomemadecompany.com](http://www.thehomemadecompany.com)**

Turn over for more info on the contents.

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*Next time why don't you try making our natural Lavender Bath Salts – they're easy and make beautiful presents.*

## Lets get started!



### What you will need:

The contents of this box!  
Plus: 1 small pan and either some sunflower oil or olive oil, and some paper kitchen towels for wiping up...

1. **Measure 25ml of sunflower or olive oil in a measuring beaker, this is approximately 4 dessert spoonfuls, pour into a small pan.**
2. **Break up the beeswax into the pan. Add the cocoa butter to the pan. If you have the chocolate kit, add the chocolate now.**
3. **Turn on low heat & melt & stir – do NOT boil or simmer. (this only takes a minute to melt). Be careful of the hot ingredients, hot oil can burn.**

**TIP** *We love the smell of the cocoa butter & beeswax, but if you want you can add your own OIL based food flavouring, so just add a few drops now.*

4. **When it's all melted take the pan OFF the heat.**
5. **If you have a colour or shimmer kit, tip the mica powder into the pan and stir in really well.**

**TIP** *If you want some clear lip balms, pour out some of the melted mixture into some of the pots before adding the powder.*

6. **Pour out into lip balm pots.**

**TIP** *Don't fill them too full or else the lid will squash it and it'll be a mess!*

7. **Leave for 15 minutes to set or pop in the fridge for a quick setting.**
8. **Wipe up any spills & put the lids on. And remember to wipe your pan before washing it.**
9. **Write on your labels and then put pop the pots in the bags for gifts or just enjoy them yourself.**

***That's it!*** Congratulations you have just made a natural lip balm!

As your product is natural it is susceptible to changes in temperature – it'll be runnier in hot temperatures and harder when it's cold.

**TIP** *When it's cold and it gets too hard, leave it in your pocket so your body can warm it up! If it's too runny pop it in the fridge for a while.*

# Our Ingredients:

## NO Additives, NO Preservatives, NO Parabens.

Just natural goodness for your lips! Our recipe will make a lip balm that has been assessed to the current EU Cosmetic Safety Regulations.



*We love animals! - none of our ingredients are tested on animals.*

**Beeswax:** This is excellent quality beeswax from Europe, only the best is good enough for your lips. It's made by bees and it gives your lip balm a thick consistency, stops it melting and hydrates your lips.

**Cocoa Butter:** This is a natural fat that comes from the cocoa bean and it gives a creamy softness to your lip balm. It will nourish and moisturise your lips and help heal chapped & dry lips as it's packed full of antioxidants.

**Sunflower or Olive oil:** This is what you'll provide. Olive oil is great for dry skin and will give your lips a big boost of omegas which we always need more of. Both oils will give a great gloss to your lips. Both oils are slightly yellow, but we think that's ok. Using Extra Virgin olive oil makes a heavier lip balm, with a light pale-green tint.

**Pearlescent Colour or Shimmer powder:** This is often called 'mineral make - up' and is a mica powder that is non-toxic & vegan. It will give a subtle colour or shimmer to your lips. Mica & titanium dioxide are minerals from the ground, that have gone through a high temperature bonding process.

**Chocolate:** This is real 70% dark Belgian chocolate. It will add all the yummy flavour to your lip balm so try not to eat it before you add it!



## Why No Petroleum?

Petroleum jelly or oil is the by-product of the oil & petrol industry and is used in many skin products because it's easy to control its consistency and it's cheap.



We don't like it for 2 reasons – firstly it just sits on the skin forming a barrier that makes it hard for your skin to 'breathe' and for your skin to do its job of expelling toxins and creating its own moisture.



Secondly we like to use ingredients that add something good to your skin like omegas or vitamins, which many natural products contain.

## Why No Nasties?

Through our skin our body can absorb many products that we put on it – both the good & the bad! So where possible we'd like you to absorb the good stuff so that's why we steer clear of synthetic fragrances and hormone mimicking ingredients like parabens.



**Our Packaging:** Our cardboard box is printed using vegetable inks & a water based varnish so it is easier to recycle. It is sourced from forests that are sustainably managed.



Our gift bags are made of PLA which comes from corn - and are 100% bio-degradable. Our tissue paper is acid free and it's all **Made in Britain!**



**Use by:** The ingredients in our kits all last a long time as separate components, from 2 years for the Cocoa Butter to 5 years for mica. Though once you have made your lipbalms we recommend using up the lipbalm within 8 months.



**For More Recipes, Tips & Ideas go to [www.thehomemadecompany.com](http://www.thehomemadecompany.com)**

### Ingredients info:

The pearlescent colour is made up from:

**Purple colour:** mica, titanium dioxide, iron oxides, ferric ferrocyanide. CI no: 7749, 77891, 77510

**Pink colour:** mica, titanium dioxide, D&C red no30. CI no: 77891, 73360

**Silver Shimmer:** mica, titanium dioxide, CI no: 77891

**Gold shimmer:** mica, titanium dioxide, iron oxides, CI no: 77499, 77891

**Latin names:** beeswax = cera alba; cocoa butter = theobroma cacao.

Recipe in compliance with the new EU Cosmetics regulation 1223/2009. Product meets the European toy standards as follows: BS EN 71-1: 2011; BS EN 71-2: 2011; BS EN 71-3: 1995

Do not use if allergic to any ingredients. Please retain instructions for future information



Made in the UK by:  
The Homemade Company,  
4 St Marks Road, London W11 1RQ

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**WARNING: Not suitable for children under 3 years – due to small parts, choking hazard.**